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## Fellowship/Clinical Visit

*Date Submitted: 20/02/2022*

**Fellowship or Clinical Visit:** Fellowship

**Start Date of Fellowship/Clinical Visit:** 03/08/2022

**End of Fellowship/Clinical Visit:** 01/08/2023

**Name of Submitter:** Sashin Ahuja/ Stuart James/ Francis Brooks

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**Institution for Fellowship:** Welsh Centre for Spinal Surgery & Trauma

**Institution Address:** University Hospital of Wales, University Hospital of Llandough & Noah's Ark Children's Hospital of Wales.

**Country:** United Kingdom

**City/Town:** Cardiff

**Type of Fellowship/Clinical Visit:** NHS / Public Healthcare

**Aimed at:** Neurosurgeons and Orthopaedic Surgeons

**Salary:** StR equivalent + On-call pay banding

**Accommodation:** Not provided (Hospital accommodation and local private accommodation available)

**Languages:** English

**Clinical Duties of Fellow:** -The Fellowship programme incorporates 4 Senior Spine fellows and 2 Junior Spine Fellows with a normal working pattern of 40 hours per week.

-Fellows partake in weekly elective and emergency theatre sessions, daily ward rounds; and elective and spine trauma clinics.

-The out of hours commitment for Spinal weekday (mon-thur) on-call is 1:8 between 0800-2000hrs and weekends (fri-sun) 1:6 between 0800-2000hrs, ably supported by junior medical staff and the Spine Consultant of the week.

-Other Spinal team members include 2 Specialist Registrars, 1 Core Trainee (UHW), 1 Foundation Year 1 doctor (UHW ward doctor) and one each of Adult and Paediatric Nurse Practitioners.

-Fellows also participate in the Friday morning Spinal MDT meetings, and the bi-monthly Spinal Governance meetings.

-Formal Fellow-led weekly presentations on current and interesting spinal topics are held every Friday morning prior to the MDT.

-Fellows are expected to involve in the departmental teaching activities for the Specialist registrars, junior Doctors, medical undergraduates and nursing staff.

**Research Duties of Fellow:** -A very active research programme exists in place including clinical research activities and basic science laboratory facilities.

-The Centre is associated with Cardiff University and excellent postgraduate facilities are available.

-Fellows are highly supported and encouraged to participate in on-going and new research opportunities, including multi-centre Research Trials.

-Cardiff has led the way in UK-wide multi-centre BASS Collaborative research studies, and have actively presented our work in numerous National and International Scientific meetings and are proud of a healthy Journal publication record.

**Other details for Fellowship/Clinical Visit:** -One year Fellowships are offered in a AO Spine recognised Reference Centre and a Spinal Training Interface Group (STIG) accredited Centre.

-Clinical duties involve working at the University Hospital of Wales, Noah's Ark Children's Hospital for Wales and University Hospital Llandough sites.

-Fellows work with all the 8 Consultant Spinal Surgeons getting exposed to all aspects of adult and paediatric spine surgery, dealing with all emergency and elective spinal pathology.

-Fellows are encouraged to be involved in Postgraduate education courses organised by the Centre.

-Fellows have regular appraisals for 360 degree feedback about the ongoing overall training.

-The Unit is the Supra Regional Centre for the South Wales Major Trauma Network being the Major Trauma Centre and the Regional hub for the South East Wales network.

-UHW is the sole MTC for Wales, and hence receives all associated spinal trauma from the South Wales region.

-Cardiff is a very vibrant and a lively city with a grand mix of historical and modern architecture contributing to the ambience of the city and its eclectic culture. Cardiff has a unique position lying just at the edge of the wilderness of the Brecon beacons and a short drive to beautiful Welsh beaches. And excellent sporting facilities exist for rugby, cricket, football etc.